

Support at Home Pricing

Effective 1 November 2025

The following services are available through Grampians Health's Support at Home program to help you to remain at home. Prices are effective as of 1 November 2025. Any changes to these rates will be discussed with you and your supporter where applicable.

Grampians Health has contracts with associated providers to provide all services except for limited Allied Health services.

All prices are noted as per hour unless otherwise stated.

For more information please contact:

Support at Home (Ballarat)

Grampians Health
Phone: (03) 5320 3010

Community Options (Horsham)

Grampians Health
Phone: (03) 5381 9336

Clinical Supports

This covers services to support your health needs, helping to keep you independent and supporting your health goals at home. This may include wound care, diabetes management, medication management, and allied health.

Allied Health

Service	Business Hours
Allied Health Assistant	\$167
Counselling (Psychotherapy)	\$220
Dietitian (Nutritionist)	\$220
Exercise Physiology (individual)	\$220
Physiotherapy	\$220
Occupational Therapy	\$220
Podiatry	\$220
Psychology	\$250
Speech Pathology	\$220
Social Work	\$220
Prescribed Nutrition	Price on request

Group Classes (price per class)

Service	Business Hours
Exercise Physiology – high risk	\$54
Exercise Physiology – medium risk	\$36
Exercise Physiology – low risk	\$24

Nursing Support

Service	Business Hours	After Hours	Saturday	Sunday	Public Holidays
Nursing – Registered Nurse	\$186	\$205	\$233	\$279	\$372
Nursing – Enrolled Nurse	\$163	\$179	\$204	\$225	\$326
Nursing – Assistant	N/A				
Nursing – Consumables	Prices on request				
Nursing – Continence Nurse	\$186	N/A			

Where a Clinical Nurse Consultant is required, pricing is available on request.

Independence

This covers services to support and enhance your independence. This may include access to personal care, social support, and transport to keep you active in your community. You can also access therapeutic supports to help in your wellness journey.

Please note that for some participants, there will be a co-contribution as outlined by Services Australia.

Personal Care

Service	Business Hours	After Hours	Saturday	Sunday	Public Holidays
Personal care ¹	\$115	\$127	\$144	\$172	\$230
Cultural support	Prices on request				
Assistance with personal affairs	\$120	N/A			
Digital education	Prices on request				

¹ Includes activities of daily living, medication prompting, non-clinical continence support

Social Support and Respite

Service	Business Hours	After Hours	Saturday	Sunday	Public Holidays
Social Support groups (daily rate)	\$110	N/A			
Social Support (individual) / Accompanied Activities	\$115	\$127	\$144	\$172	\$230
Respite (in home)	\$115	\$127	\$144	\$172	\$230

Therapeutic Services

Service	Business Hours
Acupuncture	\$220
Chiropractor	\$220
Remedial Massage	\$220
Osteopathy	\$220

Transport

Service	Business Hours	After Hours	Saturday	Sunday	Public Holidays
Direct transport ² (per hour) ⁴	\$115	\$127	\$144	\$172	\$230
Direct transport ² (per trip) 0-10km	\$27.60	\$30.36	\$34.50	\$41.40	\$55.20
Direct transport ² (per trip) 10-25km	\$69	\$75.9	\$86.25	\$103.50	\$138
Direct transport ² (per trip) 25-50km	\$138	\$151.80	\$172.50	\$207	\$276
Direct transport ² (per trip) 50-100km	\$276	\$303.60	\$345	\$414	\$552
Direct transport ² (per trip) 100+km	Prices on request				
Indirect Transport ³	Prices on request				

² Includes car and driver to transport you to your destination

³ Includes taxi vouchers and / or ride share services

⁴ For services where the driver may accompany you into a location, this may be considered accompanied activities

Everyday Living

This covers services to help with your day-to-day activities, tasks and chores. This may include cleaning, gardening, meal preparation and home maintenance.

Please note that for some participants, there will be a co-contribution as outlined by Services Australia.

Service	Business Hours	After Hours	Saturday	Sunday	Public Holidays
Domestic assistance ⁵	\$110	N/A			
Meal Preparation	\$110	\$121	\$137	\$165	\$220
Delivered meals (per meal) ⁶	Prices on request				
Gardening	\$120	N/A			
Home maintenance and repairs	\$120	N/A			

⁵ Includes general house cleaning, laundry and shopping assistance

⁶ This may vary according to the meal provider. Your care partner will discuss this with you

Care Management

Our team of Care Partners will work with you to identify your needs and goals. We will develop your personal care plan and budget based on your classification and funding. By keeping in regular contact with you, we can ensure that your personal care plan continues to meet your wellness goals.

The Australian Government sets aside 10% of your funding to cover your care management activities.

Care Management ongoing rate (hourly)	
Ongoing rate	\$120
Restorative Care	\$150
End of Life Care	\$150